

# THE SEAWINDS

## RESTAURANT

### APPETIZERS

<b>SUPREME NACHOS</b>	\$14.00
Crispy white tortilla chips, topped with all the favorites, cheese blend, salsa and sour cream.	
Add chicken	\$5.00
Add beef	\$4.00
<b>STEAK CUT ONION RINGS</b>	\$ 8.00
Heaping pile of crispy panko breaded thick cut onion rings.	
<b>SWEET POTATO FRIES</b>	\$ 6.00
Served with curry mayo.	
<b>CHICKEN WINGS</b>	\$18.00
A pound of wings served with your choice of sauce. Ask your server for selection.	

### SANDWICHES

*All sandwiches served with fresh cut fries.*

<b>TRIPLE DECKER CLUBHOUSE</b>	\$14.00
Fresh turkey breast, bacon, tomato, lettuce and mayo.	
<b>PHILLY CHEESE MELT</b>	\$18.00
Roast beef, grilled peppers, mushrooms, and onions on a garlic toasted panini bun smothered with provolone cheese.	
<b>HADDOCK BURGER</b>	\$13.00
Fresh haddock lightly breaded with panko, topped with tomato, lettuce, cheddar cheese and tartar sauce. Served on a garlic buttered panini bun.	
<b>CLASSIC BACON CHEESEBURGER</b>	\$14.00
Topped with tomato, onion, lettuce, pickle and your choice of toppings on Toscana.	

### MAIN COURSE

<b>NY STRIPLOIN</b>	\$32.00
8oz AAA center cut prepared the way you like it, served with your choice of potato and fresh seasonal vegetables.	
<b>STIR FRY</b>	
Lightly sauteed seasonal vegetables in a stir fry served over basmati rice. <i>Served with garlic toast.</i>	
<i>Veggie</i>	\$12.00
<i>Chicken</i>	\$15.00
<i>Shrimp</i>	\$17.00

### FAVORITES OF THE SEA

<b>FISH AND CHIPS</b>	
Beer battered fresh haddock, fresh cut fries and coleslaw.	
1 Piece	\$14.00
2 Piece	\$17.00
<b>Homestyle fish and chips, lightly panko breaded, fresh cut fries and coleslaw.</b>	
1 Piece	\$14.00
2 Piece	\$17.00
<b>SEAFOOD CHOWDER</b>	\$18.00
A melody of gifts from the sea. Haddock, scallops, lobster and shrimp in a rich creamy sauce.	
<b>LOBSTER ROLL</b>	\$21.00
Fresh NS lobster blended with mayo, lemon and green onion on a New England style bun with fresh cut fries.	
<b>LOBSTER MAC AND CHEESE</b>	\$24.00
Gourmet Mac and Cheese topped with fresh NS lobster served with garlic bread.	

All prices exclude applicable taxes

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RESTAURANT

**SALADS**

<b>CLASSIC CAESAR</b>	\$10.00
Romaine lettuce, croutons, bacon bits, and parmesan cheese lightly tossed in Caesar dressing.	
Add chicken	\$ 7.00
<b>HOUSE SALAD</b>	\$ 8.00
A blend of seasonal greens and garden-fresh vegetables. Served with your choice of dressing.	
<b>TRADITIONAL GREEK SALAD</b>	\$10.00
Fresh romaine, red onion, kalamata olives, cucumber, tomato and feta cheese. Served with Greek salad dressing.	
Add chicken	\$ 7.00

**FOR THE KIDS**

<b>JUNIOR MAC AND CHEESE</b>	\$10.00
A Junior size serving of our Gourmet Mac and Cheese.	
<b>JUNIOR BURGER</b>	\$10.00
Dressed the way you like it with fresh cut fries or fresh dipping vegetables.	
<b>ULTIMATE SNACK PLATE</b>	\$10.00
An assortment of fresh dipping vegetables, cheese and cold meat.	
<b>GOOEY HOMESTYLE GRILLED CHEESE</b>	\$10.00
Prepared to perfection, served with fresh cut fries or fresh dipping vegetables.	
<b>CHICKEN TENDER NUGGETS</b>	\$10.00
Junior sized white meat tender nuggets served with fresh cut fries or fresh dipping vegetables.	
All Kid Meals include beverage and dessert	

**ON THE SIDE**

<b>FRESH CUT FRIES</b>	\$ 4.00
<b>CHICKEN TENDERS (4)</b>	\$11.00
<b>SAUTEED ONIONS</b>	\$ 2.00
<b>SAUTEED MUSHROOMS</b>	\$ 4.00
<b>HOUSE MADE GRAVY</b>	\$ 2.00
<b>GARLIC BREAD</b>	\$ 4.00
Add Cheese	\$2.00

**Special seasonal dessert, ask server for details.**

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