

THE
SEAWINDS
 MENU

May Hours: 11am – 7pm daily

APPETIZERS

SUPREME NACHOS	\$14.00
Crispy white tortilla chips, topped with all the favorites, cheese blend, salsa and sour cream.	
Add chicken	\$5.00
Add beef	\$4.00
STEAK CUT ONION RINGS	\$ 8.00
Heaping pile of crispy panko breaded thick cut onion rings.	
SWEET POTATO FRIES	\$ 6.00
Served with curry mayo.	
CHICKEN WINGS	\$18.00
A pound of wings served with your choice of sauce. Ask your server for selection.	

SANDWICHES

All sandwiches served with fresh cut fries.

TRIPLE DECKER CLUBHOUSE	\$14.00
Fresh turkey breast, bacon, tomato, lettuce and mayo.	
PHILLY CHEESE MELT	\$18.00
Roast beef, grilled peppers, mushrooms, and onions on a garlic toasted panini bun smothered with provolone cheese.	
HADDOCK BURGER	\$13.00
Fresh haddock lightly breaded with panko, topped with tomato, lettuce, cheddar cheese and tartar sauce. Served on a garlic buttered panini bun.	
CLASSIC BACON CHEESEBURGER	\$14.00
Topped with tomato, onion, lettuce, pickle and your choice of toppings on Toscana.	

MAIN COURSE

NY STRIPLOIN	\$32.00
8oz AAA center cut prepared the way you like it, served with your choice of potato and fresh seasonal vegetables.	
STIR FRY	
Lightly sauteed seasonal vegetables in a stir fry served over basmati rice. <i>Served with garlic toast.</i>	
<i>Veggie</i>	\$12.00
<i>Chicken</i>	\$15.00
<i>Shrimp</i>	\$17.00
FRESH WHOLE NS LOBSTER	SEASONALLY PRICED
1lb lobster with melted butter, choice of potato and fresh seasonal vegetables.	

FAVORITES OF THE SEA

FISH AND CHIPS	
Beer battered fresh haddock, fresh cut fries and coleslaw.	
1 Piece	\$14.00
2 Piece	\$17.00
Homestyle fish and chips, lightly panko breaded, fresh cut fries and coleslaw.	
1 Piece	\$14.00
2 Piece	\$17.00
SEAFOOD CHOWDER	\$18.00
A melody of gifts from the sea. Haddock, scallops, lobster and shrimp in a rich creamy sauce.	
LOBSTER ROLL	\$21.00
Fresh NS lobster blended with mayo, lemon and green onion on a New England style bun with fresh cut fries.	
LOBSTER MAC AND CHEESE	\$24.00
Gourmet Mac and Cheese topped with fresh NS lobster served with garlic bread.	

All prices exclude applicable taxes

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SALADS

CLASSIC CAESAR \$10.00

Romaine lettuce, croutons, bacon bits, and parmesan cheese lightly tossed in Caesar dressing.

Add chicken \$ 7.00

HOUSE SALAD \$ 8.00

A blend of seasonal greens and garden-fresh vegetables. Served with your choice of dressing.

TRADITIONAL GREEK SALAD \$10.00

Fresh romaine, red onion, kalamata olives, cucumber, tomato and feta cheese. Served with Greek salad dressing.

Add chicken \$ 7.00

FOR THE KIDS

JUNIOR MAC AND CHEESE \$10.00

A Junior size serving of our Gourmet Mac and Cheese.

JUNIOR BURGER \$10.00

Dressed the way you like it with fresh cut fries or fresh dipping vegetables.

ULTIMATE SNACK PLATE \$10.00

An assortment of fresh dipping vegetables, cheese and cold meat.

GOOEY HOMESTYLE \$10.00

GRILLED CHEESE

Prepared to perfection, served with fresh cut fries or fresh dipping vegetables.

CHICKEN TENDER NUGGETS \$10.00

Junior sized white meat tender nuggets served with fresh cut fries or fresh dipping vegetables.

All Kid Meals include beverage and dessert

ON THE SIDE

FRESH CUT FRIES \$ 4.00

CHICKEN TENDERS (4) \$11.00

SAUTEED ONIONS \$ 2.00

SAUTEED MUSHROOMS \$ 4.00

HOUSE MADE GRAVY \$ 2.00

GARLIC BREAD \$ 4.00

Add Cheese \$2.00

Special seasonal dessert, ask server for details.

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